University College Food Cooper

University of Kentucky College of Agriculture, Food and Environment Cooperative Extension Service

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4-H ANNUAL ACHIEVEMENT BANQUET

Thursday, December 1 at 7 p.m.

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4-H is collecting food for the Backpack Program at the Achievement Banquet..



2

2

Welcome

Family & Consumer Science Agent Elizabeth Coots! Page 10

- Holiday Online Shopping
- Holiday Cookie Exchange
- Family Meals
- Slow Cooker Safety



Ag Programs

- CAIP Education
- Farm Records Management
 - Understanding and Utilizing EPDs in Your Beef Cattle Operation
 - Upcoming Educational Opportunities
 - 2022 Ag Census
- Cover Crop Establishment
- UK Crop Pest Management
 Webinar Series

2023 Shelby County
Master Gardener
Program



COOPERATIVE EXTENSION





Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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LEXINGTON, KY 40546





HOLIDAY ONLINE SHOPPING SAVVY

Source: Kelly May, Senior Extension Associate

The holiday season is quickly approaching, and many of us are going to shop online for at least some of our holiday purchases. Being smart when and where you shop online this holiday season can help keep you from falling victim to cybercrime.

Only shop online when you know you have a secure internet connection. Shopping with an unsecure connection can make you an easy target for cyber thieves who can steal your credit card information. Remember public internet connections are not always secure, even if you are on your own device, and the public network's security software may not always be up to date.

When buying online, look for a padlock symbol on the page and shop from sites that start with an https:// web address. The "s" after "http" shows that the website encrypts your information as the transaction is processed.

Use credit cards instead of debit cards to make purchases online. The Fair Credit Billing Act limits your responsibility to the first \$50 in charges if your credit card is used fraudulently, and many credit card companies will not hold you responsible for any fraudulent charges made online. Review your statements and report any suspicious transactions to your credit card company. You also can request a free credit report from the three credit reporting agencies Experian, TransUnion or Equifax.

Create strong passwords and PIN numbers. Use different combinations of upper and lowercase letters, numbers and symbols to make your passwords hard to crack. Do not use personally identifiable passwords such as your address, birthday or name in your passwords, as these are easy for thieves to figure out. Keep your passwords private. Do not share them with others or keep them in your wallet or

purse as these can be stolen. Try to use different passwords for each of your online accounts.

Automatically set updates on your device to keep it up to date with the latest security features. This includes updating apps, browsers and your operating system. Password protect your home connection to keep your personal

internet network secure.

For more ways to protect your financial well-being, contact the Shelby County Extension office.

Holiday Cookie Exchange

Bring four dozen homemade cookies, and the recipes, to the Holiday Cookie Exchange at 1 p.m. on Friday, December 9. You will leave with a delightful, delicious assortment of cookies to share with your family and friends. A recipe booklet will be mailed to you after the program.



Soup Sharing

Bring a pot of your favorite homemade soup and the recipe to our special session of "Soup Sharing" on *Wednesday, January 10 from 11 a.m. until 1 p.m.* Soups can be an excellent way to stree-e-tch your food dollars. Best of all, you will taste many types of soup and receive all the recipes in a Soup Recipe Booklet later. You will have many new soup recipes to prepare and warm you, your family and friends this winter.

Regular Family Meals; It Could Happen

Most of us know that eating meals together at home is good for families. Research shows that dinnertime conversation boosts children's vocabulary even more than having books read to them. Kids who have a large vocabulary read earlier and more easily. Teens who eat dinner with their families often have greater success at school, and are less likely to use alcohol, tobacco, and marijuana. Children who eat dinner with their families consume more fruits, vegetables, vitamins, and micronutrients, and fewer fried foods and soft drinks. They are less likely to be obese once they live on their own.

But parents often have to work late, or have long commutes to and from work. Children might have after-school activities or work, as well. The family dinner can be difficult to arrange. Here are some tips for making it happen for your family.

Cook once and eat twice. Use weekends to cook in quantity and have meals for the work week. Cook combination main courses that provide more than one food group. Casseroles and stews such as chicken and rice, jambalaya, beef



and noodles, beef stew, or macaroni and cheese store well and can form the foundation of a weekday dinner. Just add a side salad or vegetable and roll, pour a glass of milk, and it's done.

Use your slow cooker. If the weekend doesn't provide time to cook ahead, load up the slow cooker in the morning and have dinner ready on time. Again, combination dishes such as chicken stew, pot roast, slow cooker lasagna or chili need only a few quick and simple sides to provide a well-balanced meal.

Sheet pan meals are very popular now and provide another way to prepare several food groups at once. Typically, a meat or poultry item is roasted on the same sheet pan with a starchy vegetable and one or two other vegetables. For instance, small pork chops could be roasted alongside potatoes, onions and green peppers. Cutting the onions and peppers the night before can make dinner happen even faster. Add a serving of fruit and a glass of milk, and dinner is served.

If children's activities will keep the family out at mealtime, consider packing a picnic meal ahead of time. Sandwiches, fruit, yogurt, pared vegetables and dip can be consumed on the sidelines of the soccer field or poolside at swim practice. Families can enjoy balanced meals and togetherness almost anywhere.

Involve the whole family. When children are old enough, let them help plan the meals, set the table, make simple dishes, and help clean up. They will learn important menu planning and cooking skills, and gain pride and self-confidence. Plus, they're more likely to eat what they prepare, and time together in the kitchen can be fun.

References: Snow, Catherine E. and Beals, Diane E. "Mealtime Talk that Supports Literacy Development," New Directions for Child and Adolescent Development, Volume 2006, Issue 111 https://onlinelibrary.wiley.com/doi/pdf/10.1002/cd.155

Davis, Jeanie Lerche, "Family Dinners Are Important," WebMD, https://www.webmd.com/a-to-z-guides/features/family-dinners-are-important, accessed August 16, 2018

Source: Jackie Walters, Extension Specialist Senior for Nutrition Education Programs, University of Kentucky, College of Food, Agriculture and Environment

Slow cooker safety

Source: Annhall Norris, extension associate, and the USDA Food Safety and Inspection Service

Few things are better than coming home at the end of the day to a freshly prepared meal. Slow cookers can help us achieve that dream.

While slow cookers may be synonymous with winter, you can use them any time of the year to safely prepare foods. In fact, using a slow cooker during the summer will help keep your home a little cooler as it keeps you from using a hot oven to prepare dinner.

A slow cooker cooks food at a low temperature over a longer period of time than other cooking methods. The pot's heat, its lengthy cooking time and steam created by the tightly covered lid destroy harmful bacteria, making it safe for food preparation. As with any appliance or food preparation method, safe handling is extremely important when using a slow cooker. Remember these tips when using your slow cooker.

- Always wash your hands before and while preparing foods. Make sure your slow cooker, utensils and work area are clean before using the slow cooker.
- Always thaw meat or poultry in the refrigerator before putting it in the slow cooker. Keep perishable foods refrigerated until preparation time.
- Put vegetables in the slow cooker before meat or poultry because they take longer to cook.
- Only remove the lid to stir your meal or check for doneness.
- Cook foods at the proper settings according to the instructions of your recipe. If you are going to be gone all day, it is safe to cook foods on the low setting for the entire time.

Food will remain safe for consumption in the slow cooker as long as it is working. If a power outage occurs and you are not at home, throw the food away, even if it appears done. If you are home and the power goes out, finish cooking the food in the slow cooker by some other method that does not require electricity such as a gas stove or an outdoor grill.

For more information on food preparation and safety, contact your Shelby County Extension Office.

2023 Master Gardener Program

Who are the Master Gardeners?

The Master Gardener Program began in 1973 in response to a rapidly increasing urban population. Originally, a single Extension Agent would work together with just a few hundred farm families, but as years passed, much of this traditional farmland disappeared having been replaced with numerous subdivisions. The number of families that an Extension Office served had exploded in number - with many urban residents unfamiliar with agricultural practices.

By the 1960s, the concerns of Extension had shifted towards the problems of urban, low - income, and minority residents; seeking to educate and support the general public by providing up-to-date, unbiased, scientifically based agriculture information in a manner they could easily understand and use. In order to make a strong, long-lasting impact and reach more people, Extension Agents started to professionally train local volunteers with a passion for horticulture in return for a set yearly number of volunteer hours helping Extension reach out in educating and enriching the community with horticulture related needs.

Thus began the Master Gardeners, one of the largest volunteer organizations in the country, now amounting to well over 100,000 active members across all 50 states and territories.

How do I become a Master Gardener?

The road to becoming a Master Gardener is two-part. First: participate and pass the Master Gardener training program. Second: Volunteer 40 hours within the first year after the program's completion.

After becoming a certified Master Gardener, members must get 20 volunteer and 10 continuing education hours each following year to remain active in the organization. You can choose to take the program without going on to become a certified Master Gardener (simply don't do the volunteer portion). You can also choose to become a certified Master Gardener (get the hours) and simply not participate further in the Master Gardener Association. Being a certified Master Gardener is for life – the status isn't lost if those who've been certified don't volunteer – but they will be

labelled 'inactive' in the organization and cannot use the Master Gardener title to address themselves in public until they are active once again. Depending on the county and state you live in, returning to being an active Master Gardener may require some additional educational classes. In Shelby County, the only requirement for re-activity is to begin participating/collecting volunteer hours once again.

What is the Master Gardener Program?

The Master Gardener program is a 14-16 class series providing basic horticulture training in a number of topics. The term 'Master' is a bit misleading here; you don't need to have any prior knowledge of plants to take the classes. It's essentially a training program designed to teach the basics of horticulture so that potential volunteers can make an educated and effective difference in their community.

Some parts of the program are variable, and other parts are static. Those intending to complete the program are required to have at least 24 hours of class time in certain subjects - Volunteerism, Botany, Soils, Pathology, Entomology, and Pesticides - otherwise they don't pass. At the end of the training program, a final exam will be given worth 100 points. 75% of the content for the exam will come from those required subjects. These requirements will be same no matter where you go to take the program.

2023 Shelby County Master Gardener Program

The rest, however, is variable. Different states and different counties will teach and charge for the program in varying ways. For Shelby County, the program costs a non-<u>refundable \$75</u> per person to cover the materials for the classes. If you already have a Kentucky Master Gardener binder, the program is \$30 and if you plan to share a binder with another person then the collective cost of both participants is \$100. The dates, times, and some of the topics are also variable, sometimes changing from year-to-year. If you find you can't take the classes this year, you may be able to take them the next year at different dates and times. This year, we will be having the classes (almost) every two weeks on Monday starting at 5:30pm. The location for the classes, unless

specifically stated, will be at the Extension Office (1117 Frankfort Road, Shelbyville).

2023 Class Topics and Dates

The classes will all be on a Monday beginning at 5:30 p.m. and will run until 8:30 p.m. at the latest. (except the celebration). You MUST register and pay for the program to take all of the classes.

Volunteerism/Introduction Dec 5th, 2022 Jan 16th, 2023 Plant Parts & Terminology Plant Growth & Development Jan 30th Plant Propagation Feb 13th The Properties of Soils Feb 27th Plant Nutrition & Composting March 6th Abiotic Disorders March 20th Pesticide Safety & Application April 3rd Plant Pathology April 17th IPM & Entomology May 1st Weeds & Lawns May 15th Woody Plant Selection and Care May 29th Fruit Trees & Small Fruits June 12th Vegetable Gardening June 26th Planting with Flowers July 10th

Dates and locations are subject to change based on weather, guest speakers, and holidays.

Final Exam

Celebration

Registration

Registration for the 2023 Shelby County Master Gardener Program is due by the date of the second class - January 16th. The first class, Volunteerism (December 5th, 5:30 p.m. at the Extension Office), is an introductory class for those who are thinking about taking the classes but want to know more about Extension, Master Gardeners, and the program before committing to or paying for it. Volunteerism is also a required class for those who plan to take and complete the program. If missed, it will have to made up. This class will dig into all the details of what this year's Master Gardener program will look like and is highly encouraged for anyone considering taking the program.

Copied below is a registration slip for the 2023 Shelby County Master Gardener Program. All volunteers who might work with children or vulnerable people will be asked to complete a background check at some point following registration.





Articles By: Skye Drane Horticulture Technician

2023 Master Gardener Registration Form

July 24th

July 26th

Name:		
Address:		
City & Zip:		
	County:	
Email:		
Return the form and a \$75 payment (check/cash) to Skye Drane, the Horticulture Technician.		
Deadline to officially register for classes is January 16 th , 2023.		

Phone: (502) 633-4593

Make checks payable to 'Shelby County District Board'

Address: 1117 Frankfort Drive, Shelbyville, KY 40065.

4-H Achievement Banquet

The 2022 4-H Achievement Banquet is approaching quickly. This year's banquet will be at the Shelby County Extension Office at 7 p.m. on **December 1**. All 4-H members and their families are invited to attend. The 4-H Council will be providing baked spaghetti. We ask that 4-H'ers bring a dessert.

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We will be recognizing each club and project group in Shelby County 4-H at our event. Please have someone designated to represent your group and speak during the banquet.

We would like to have a slideshow of various club activities and events. If you have photos you would like to submit for use in the slideshow, please send them to April Blanton. Email your pictures to april.franklin@uky.edu or they can be downloaded from an SD card. If you have questions about submitting pictures, please call us. We would like to have all clubs and groups included in the slide show. All pictures need to be in BEFORE November 15.

Award winners for the Outstanding Senior, Outstanding Junior, "I Dare You Award," and Matt Edwards Award will be announced at the banquet. Nominations by club leaders, parents, or 4-H members are due to the Shelby County 4-H office by November 15. A nomination form is available online or at the Extension Office. If you have questions about these awards, please contact Candice Hollingsworth, Regina Browning or April Blanton.

In addition, all 4-H members are encouraged to bring food for the Backpack Project as a community service project. This program provides food for young people in need by filling a backpack with food, on weekends and breaks from school. Food that can be easily opened by a child without a can opener is needed. Examples of items that can be donated include: pop-tarts, cereal bars, granola bars, fruit cups, fruit snacks, pudding cups, cheese crackers and canned foods with pop-tops. No foods with peanuts or peanut butter can be accepted.

Donate food for kids in need at the Achievement Banguet. Items support the Shelby County Backpack Project



Camp Dates

The dates for Shelby County 4-H Camp have been set. We will be camping *June 5-9*, *2023*. We will be camping with Henry County. Applications for campers will be available on February 1. Camp slots are filled on a first-come, first-served basis.

Applications for 4-H Camp Teen Leaders, Counselors in Trainings (CIT) and Adult Leaders will also be available on *February 1* at the Extension Office and on our website. We are always in need of volunteers for camp, especially male teens and adults. Contact us about questions or if your are interested in attending camp with us in 2023.

Country Ham Project

If you are interested in the Country Ham Project, the contracts will be available soon. The contract and \$60 fee are usually due to the Extension Office in early December. Contracts have not been released yet, please check our Facebook page and watch for emails when the become available. The hams typically go into cure around the Martin Luther King, Jr holiday.

The 4-H Country Ham Project gives members two raw hams to take through the curing process. In August, they give a speech about the project and if completed, get two country hams to take home. To receive hams after the State Fair, youth must complete all requirements, including attending project meetings and giving a speech at the State Fair. All project meetings are held at the Shelby County Extension Office. Adults may also participate in the Country Ham Project and will meet at the same time as 4-H'ers. Contact the Extension Office for adult pricing.

Enrollment Forms

All 4-H members and volunteers should complete new enrollment forms each year. The form for 2022-2023 is now available. Please submit your form as soon as possible so that you can continue to receive mailings and updates from the Extension Office. 4-H members need to complete only one new form each year, regardless of the number of clubs or activities they participate in. If you do not complete a form, you will stop receiving communication from the Extension Office. Regarding upcoming events and activities.

Enrollment forms are available on our website or at the Extension Office. There is also

an option to complete your form online. Information is available on our website to guide you through the process. If you have questions, please give us a call.



4-H Project Books

Remember— we have project books to guide you through your 4-H projects. These books will provide you with education and a list of supplies, resources, and guidelines that you will need to complete your project. These books cannot be mailed out but will be provided free of charge to interested 4-H members. If you would like a project book, stop by the Extension Office and pick them up at your convenience.

4-H Achievement Program

The 4-H Achievement Program is intended to recognize 4-H participants who have outstanding accomplishments and to provide incentive for youth to increase their knowledge, skills and abilities. Points are awarded for involvement in 4-H activities, events and community service. 4-H'ers may complete an application to apply for Clover Levels 1, 2, or 3 at the county level or Bronze, Silver, Gold or Emerald through Kentucky 4-H. A limited number of Bronze, Silver and Gold are awarded each year. Emerald selection is very intense and only four are recognized for the entire state.

Achievement Applications are available on our website. Completed applications must be submitted by November 15. If you have questions or need assistance, contact Regina or Candice at the Extension Office.

State Shooting Sports Competition

The Shelby County 4-H Shooting Sports program participated in the State 4-H Competition in September. Shelby County participants had a great two days competing in the event. Many 4-H'ers shot their personal best scores. Individuals placing in the State Contest that featured 990 participants included:

Archery:

Bare Bow (12-14) Hunter Nagle– State Champion



Bow Hunter (9-11)
Nella Skinner-State Champion
Matthew Elrod-2nd Place

Bow Hunter Team (12-14) Ally Brown, Travis Bohannon, Eli Ballard, Hunter Nagle-3rd Place Team

Archery Target (12-14)

Ally Brown, Travis Bohannon, Lane Medlin, Alex Place-2nd Place Team

Rifle

*Air Rifle (12-14)*Ashley Haymond-State Champion

Air Rifle (15-18) Emma Lawrence-State Champion

.22 Target Rifle (12-14) Ashley Haymond-2nd Place



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.22 Target rifle (15-18) Emma Lawrence-2nd Place

.22 Sporter Rifle Team (12-14) Eli Ballard, Lane Medlin, Thomas Elrod, Hunter Nagle-2nd Place Team

Paying For College 101

Shelby County 4-H is hosting a presentation called "Paying for College 101" presented by Kelly Smith with the Kentucky Higher Education Assistance Authority (KHEAA). The program will be at 6:00 p.m. November 10 at the Shelby County Extension

Office. High school students and their families are encouraged to attend to learn about ways to finance a college education. Topics covered include the financial aid process, filling out the



FAFSA, and scholarship opportunities, This class is free and open to anyone that would like to attend.

Kentucky 4-H Social Justice Task Force

Congratulations to Winston Harris for being accepted to serve on the Kentucky 4-H Social Justice Task Force. The goal of the task force is to insure all young people have access to 4-H programs and that they feel welcome and included.

Articles By:

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Regina Browning Cooperative Extension Agent for 4-H

CAIP Educational Meetings

As we move into fall and the Extension meeting season, producers planning to apply for CAIP funding in the 2022 funding cycle should be looking for opportunities to complete the educational component. Numerous classes will be offered from late September through April that will satisfy the requirement.

IF YOU SUBMIT AN APPLICATION, GO AHEAD AND FULFIL THE EDUCATIONAL REQUIREMENT DURING THIS TIME!

Don't wait until the last minute to complete your educational training because classes are very limited during the late spring and summer months. Upcoming classes can be found in the bi-monthly Extension newsletter, on the Shelby County Extension Facebook page and on our website. You can also call the office at 633-4593 and ask about upcoming classes.

Farm Records Management

Record keeping is no one's favorite activity. However, the importance of maintaining accurate and comprehensive records in an organized manner cannot be ignored.

Join us on **Wednesday, November 30 at 6:00 p.m.** for a look at collecting and managing your farming operation's information. Call 633-4593 to register.

<u>Understanding and Utilizing EPDs in</u> Your Beef Operation

Expected Progeny Differences (EPDs) are an important tool in managing your beef cattle operation. As the science behind genetic testing and mapping advances, more and more data is becoming available for producers to utilize to improve animal performance and uniformity. Sometimes the quantity of information can be overwhelming!

Join us on Thursday, December 15 at 6:00 p.m. as Dr. Gordon Jones explains EPDs and how to effectively use them in your herd management decisions. Dr. Jones retired from WKU where he was a professor of Animal Science for many years. He has a broad understanding of EPDs and and the beef cattle industry and does an excellent job simplifying and explaining how EPDs are calculated and how they can be used.

Call 633-4593 to reserve your space.

<u>Upcoming</u> <u>CAIP</u> <u>Educational</u> <u>Opportunities</u>

As we move into the new year, educational courses are continually being planned.

Here's a look at what you can expect (so far). More detailed information will be provided in the January newsletter and on Facebook. And more courses will be added as we approach 2023.

- Making Hay—a two-part stored forages workshop
- Beef Basics—a five-part series covering the basics of beef cattle production
- Raising the Steaks (and Chops) a fourpart series about raising, processing and marketing beef, pork and lamb
- Grow Ag—a multi-part series about farm production basics geared for women and taught by women

2022 Census of Agriculture

Kentucky's farmers will soon have the opportunity to be represented in the nation's only comprehensive and impartial agriculture data for every state and county. The U.S. Department of Agriculture (USDA) will mail the 2022 Census of Agriculture to 125,000 Kentucky ag producers this fall.

The 2022 Census of Agriculture will be mailed in phases, starting with an invitation to respond online in November. Farm operations of all sizes, urban and rural, which produced and sold, or normally would have sold, \$1,000 or more of agricultural product in 2022 are included in the ag census.

Collected in service to American agriculture since 1840, the Census of Agriculture tells the story and shows the value of Kentucky's agriculture. It highlights land use and ownership, producer characteristics, production practices, income and expenditures, among other topics. For more information visit www.nass.usda.gov/AgCensus.

Cover Crop Establishment

Erin Haramoto, UK Plant & Soil Sciences
This dry fall weather may be great for
harvesting, but it's not ideal for establishing cover
crops. Just like any other crop, cover crop seed
needs moisture to establish and that is certainly in
short supply this fall. There is some rain in the
forecast over the next couple of weeks, and that
will hopefully be enough to get cover crops (and
our wheat) established. Even a moderate cover
crop stand will protect soil from erosion, and
bring additional benefits, over the winter and
spring period. With limited moisture, and with
seed costs being higher this year, how can you
increase the odds of successful establishment?

First, when it's dry, cover crop

establishment will be better if you can drill the seed. Planting the seed into the soil puts it in closer contact with moisture, which will aid in germination and emergence. Broadcasting seed onto dry soil is very risky, especially if there is not regular rain in the forecast. If you have to broadcast, try some vertical tillage or packing to improve seed to soil contact. (Remember, however, that tillage can dry out the soil and increase erosion.) Smaller seeds such as clovers need to be planted shallower for successful emergence, while seeds such as wheat and cereal rye can be planted deeper where there may be more moisture. These small grains may be better options in dry conditions. (Plus, see the next point cies other than wheat, cereal rye, or triticale!)

Second, make sure it's getting late for watching planting dates and optimal planting windows. Don't push them by planting species too late. Some species, like crimson clover, needs to reach a certain size to successful over winter. If planted late and it stays dry, plants are unlikely to reach that size. University of Kentucky Cooperative Extension publication AGR-- 18 gives planting date windows for many common cover crop species. The Southern Council Cover Crops (www.southerncovercrops.org) also has multiple cover crop fact sheets, and information on planting, managing, and terminating cover crops.

Third, make sure your residual herbicide program won't interfere with the cover crop germination and establishment. The University of Wisconsin has a guide for this (https://ipcm.wisc.edu/download/

pubsPM/2019_RotationalRestrictions_final.pdf); it outlines numerous preplant herbicides in corn and soybean, and whether damage might occur for different types of cover crops planted that same fall. Also see this newsletter article from Ohio State for a simpler table. (It gives names of herbicide active ingredients rather than products, but you can match your herbicide name to its active ingredient online.) cover crops or harvest them for forage If you will graze these, you MUST adhere to the rotational restrictions on the herbicide label.

As always, when choosing cover crops, consider your goals, as well as your location (soil and climate), your cropping system (when can you plant and when do you want to terminate), and available equipment. Goals for cover cropping may include reducing soil erosion or suppressing winter weeds (including marestail). In dry years, cash crops may not take

up all the nutrients applied in the spring, so capturing these before they are lost may be an important goal for cover crop plantings this fall. When seed costs are high, consider the most economical species to accomplish your goals. If you 're interested in learning more about cover crops, the Southern Cover Crops Council is hosting a conference in February 2023, in Baton Rouge.

<u>University of Kentucky 2022 Crop Pest</u> <u>Management Webinar Series</u>

Information regarding your management questions is just a few mouse clicks away. As offered in previous years, the University of Kentucky has once again organized five webinars on field crop protection topics that will be hosted through the Southern Integrated Pest Management Center beginning on Nov. 8, 2022. The weekly webinars will feature University of Kentucky Extension Specialists speaking on topics ranging from Weed Science, Plant Pathology Entomology.

Credits have been applied for regarding Kentucky Pesticide Applicator credits and Certified Crop Advisor continuing education. Pre-registration for the webinars is required through a registration URL. Email Corinne at corinne.belton@uky.edu to receive the registration links.

All webinars will begin at 10 a.m. EST/9 a.m. CST, on the Tuesday morning listed. For more information contact Jason Travis, Agricultural Extension Associate for the University of Kentucky, at (859) 562 -2569 or by email at jason.travis@uky.edu.

- 11/8, Dr. JD Green, Weed Control Lessons Learned from the 2022 Crop Season
- 11/15, Dr. Carl Bradley, Managing Important Soilborne Diseases of Soybean in Kentucky
- 11/22, Dr. Travis Legleiter, Implementing Defensive Shifts Against Problematic Kentucky Weeds
- 12/6, Dr. Kiersten Wise, Corn Disease Management Questions Asked in 2022
- 12/13, Dr. Raul Villaneuva, Entomological Studies in Corn and Soybeans Under Difficult Circumstances (Covid, Tornado and Drought) in 2022

Corinne J. Belton

Articles By: Corinne F. Belton

Cooperative Extension Agent for Agriculture and Natural Resources



Welcome Elizabeth Coots! Shelby County FCS Agent





Hello Extension supporters! My name is Elizabeth Coots, and I will be your new Extension Agent for Family & Consumer Sciences! I will join the staff on November 1, and I am looking forward to getting to know the community where I will be working and living. I currently live in Franklin County with my husband, Andrew, and our 2-year-old son, Henry. We will be relocating to Shelby County, but thankfully don't need to be in a rush since my commute will be about the same, but we are excited about moving. I graduated from UK with a Bachelor's in Family & Consumer Sciences and earned my Master's in Adult Education from WKU. I have been an FCS Agent for 14 years – four of those in Marion County, and ten of those most recently in Woodford County.

My experience as an agent will certainly aid in my program development in Shelby County, but I first want to learn about your needs and goals so I can tailor my programs to fit the county. I grew up next door in Spencer County, so while I know a little about Shelby County, I still have a lot to learn about your community, so please help me in the process. I'm looking forward to getting to know you and working with you! Hopefully you will be able to stop by the welcome reception for me on November 2 from 12:00 – 3:00 p.m. at the Extension Office. I'm looking forward to meeting all of you!

County Agriculture Investment Program (C.A.I.P) NEWS

I have finished up the 2021 CAIP year and I'm looking forward to the 2022 CAIP. **The 2022 program will not start until January 2023.** Watch for application dates and detailed information in the upcoming January/February Newsletter. During January, there will be a 3-week application period, so be sure to check the newsletter as soon as you receive it or check the Shelby County Extension website for an application you can download and print.

I will be having CAIP Informational meetings on Thursday, December 8th, 2022, at 1:30 p.m. and Thursday, January 5th, 2023, at 6:30 pm. Call 502-633-4593 to register for the meeting you plan to attend. Keep in mind, if school is cancelled due to the weather, the meeting will be cancelled.

Call me at 502-321-8757 if you have any questions.

C.A.I.P. Administrator- Judy White

NOVEMBER

FCS	2	New FCS Agent Reception, noon—3 p.m.	Extension Office
AG	9	Farming on Small Acreage, 6 p.m.	Extension Office
4- H	10	Saddles N Spurs, 7 p.m.	Extension Office
4- H	10	Paying for College 101, 6 p.m.	Extension Office
4-H	14	Livestock Club, 7 p.m.	Extension Office
4- H	14	Fur & Feathers, 6:30 p.m.	Extension Office
4- H	17	Cloverbuds, 6 p.m.	Extension Office
4- H	17	Imagination Club, 4 p.m.	Extension Office
4- H	21	4-H Dairy Club, 6:30 p.m.	Extension Office
AG	30	Farm Records Management, 6 p.m.	Extension Office
		DECEMBER	
4- H	1	4-H Achievement Banquet, 7 p.m.	Extension Office
HORT	5	Master Gardener IntroVolunteerism, 5:30 p.m.	Extension Office
HORT	6	Hort. & Ag Advisory Council, 6 p.m.	Extension Office
AG	8	C.A.I.P Informational Mtg., 1:30 p.m.	Extension Office
4- H	8	Saddles and Spurs, 7 p.m.	Extension Office
FCS	9	Cookie Exchange, 1 p.m.	Extension Office
4- H	12	Fur and Feathers, 6:30 p.m.	Extension Office
4- H	12	Livestock Club, 7 p.m.	Extension Office
4- H	15	Cloverbuds, 6 p.m.	Extension Office
AG	15	Understanding & Utilizing EPDs in Your Beef Operation, 6 p.m.	Extension Office

JANUARY-C.A.I.P Informational Meeting, 6:30 p.m. Extension Office



AG

The office will be closed November 24 & 25 in observance of the Thanksgiving Holiday.

The office will also be closed December 26 through January 2, 2023.

* PUBLIC NOTICE-Accommodations will be made to enable persons with disabilities to participate in programs.

DAR OF EVENTS

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KEY

4-H 4-H Youth Development

AG Agriculture

HORT Horticulture

FCS
Family and
Consumer
Science

COOPERATIVE
EXTENSION
SERVICE

UNIVERSITY OF
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College of Agriculture, Food and Environment Cooperative Extension Service University of Kentucky Shelby County 1117 Frankfort Road Shelbyville, KY 40065-9447

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