



Cooperative Extension Service
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 (502) 633-4593
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October 30, 2024

To: Shelby County Extension Homemaker Members

From: Elizabeth Coots
 County Agent for Family & Consumer Sciences

Homemaker Week, October 14-18 Recap in Pics

We enjoyed a great week of classes and activities during Shelby County Homemaker Week. Here are just a few photos from the week. A big thank you goes to all our instructors – Jen Denny, Skye Drane, Iris Brown, Judy White, Sarah Thornberry, Linda Sanford, Elizabeth Coots, and Tammy Bitzer – thank you!



Shelby County Homemaker Enrollment & Homemaker Handbook

Exciting things are happening in Shelby County Homemakers, and enrollment forms are rolling in! Remember the deadline to re-enroll and pay dues is November 15. If you receive an enrollment form with this letter, our records show that you have not renewed your membership. When you enroll/re-enroll, you will receive a Homemaker Handbook. If you have re-enrolled and haven't received yours, stop by the office to pick one up (we aren't mailing them due to the cost). And we always love to see your smiling face when you stop by!

Check out our New Homemaker Clubs

We have three new clubs this year –

Line Dancing Club meets the 2nd Thursday of every month from 4-6 p.m. and the cost is \$3 per person per session. The payment is collected at the club meeting. Denise Johnson is the leader of this club.

Social Crafters Club meets on the 3rd Wednesday of each month, so feel free to drop in any time between 9 a.m.-4 p.m. to work on your craft projects. Alicia Coop and Maggie Connor are the leaders of this club.

Garden Club will start on December 16 at 10 a.m. and continue monthly on the 3rd Monday of each month. Linda Altic-Borum is the leader of this club.

Recipe Exchange/Potluck Club – Would you be interested in a club that meets for a social potluck and recipe sharing? Each person would bring a dish, along with the recipe, and share with the group (similar to the cookie exchange). If you are interested, let us know! This may be a club that we will add after the beginning of the year.

If you have any questions about the clubs, call the extension office at 502-633-4593.

Ovarian Cancer Screening Appointments, November 6, 10:00 a.m.

Meet at the Extension Office at 8:30 a.m. to ride together. We will stop to eat lunch before returning to the office (lunch cost on your own).

We still have a few spaces open. If you are interested, contact the Extension Office.

Sewing Circle, (1st Tuesday of the month), 1 – 8 p.m.

November 12 and December 3

Join us for Sewing Circle, held on the 1st Tuesday of each month, but due to Election Day, the November Sewing Circle date is November 12. **Please note this change in your calendar.** Choose from two projects offered (an easier one and a more challenging one) and/or join us for open sew where you can bring your own project to work on and ask for guidance from our Master Clothing Volunteers. For class descriptions and photos of each project, please see the attached flyer. Please register for planning for supplies and food.

Plate it Up! Cooking Club, November 14, 10 a.m.

This month's focus will be *Holiday Favorites*. Contact the Extension Office to sign up. The cost is \$10 per person and space is limited. Cooking Club will not be held during December.

Lunch Bunch, November 22, 11:30 a.m.

Lunch Bunch will be traveling to B&N in Bagdad for Friday Fish in November. **Notice the date is Friday instead of Thursday.** The group will leave the Extension Office at 11:30 a.m. Please register by calling 502-633-4593 by November 18.

Shelby County Homemaker Council, December 2, 10:00 a.m.

Our next Homemaker Council meeting will be held December 2nd here at the Shelby County Extension Office. Who attends these meetings? It is expected that county officers, county chairpersons, and club leaders will attend the meetings, however, any member of the Shelby County Homemakers are welcome to join as well. This is where we discuss the business end of homemakers on the county level and plan for upcoming events, programs, etc. If you do plan to attend, please let us know by November 25th.

Reed Star/Snowflake Class, December 5, 10 a.m. – 12 p.m.

Note the date listed here is correct. The class will be on Thursday, December 5.

Make a lovely woven reed star/snowflake taught by Tammy Bitzer. Created with traditional basket reed, but easier on arthritic hands than traditional basket-making. This is a repeat class from what was taught during homemaker week. This class is being offered for those on the waiting list and who have not taken the class before.

Cost: \$5.00 (payment secures your spot). Supplies to bring: 20 wooden spring clothespins, sharp scissors or small hand pruners, and a flexible sewing tape measurer (optional).

Cookie Exchange, December 6 @ 1 p.m.

It's almost that time of the year again, the Holiday Cookie Exchange! This year's event will be Friday, December 6 at 1 p.m. at the Shelby County Extension Office. Each participant of our cookie exchange is asked to bring 4 dozen homemade cookies (all the same recipe) and a copy of your recipe for those cookies. The recipes will be combined and later shared with participants. There is no fee for this event; however, we ask that you please RSVP at (502) 633-4593.

Do you receive the Extension Newsletter?

All Shelby County Homemaker members should be receiving the bi-monthly Extension Newsletter, either by mail or by email. If you are NOT receiving it, please let us know. Our Extension Newsletter includes information, programs, and events for all areas of Extension in Shelby County, including Family & Consumer Sciences (which Homemakers are under), 4-H Youth Development, Agriculture, & Horticulture.

KEHA News & Notes

Below is information from the state level of the Kentucky Extension Homemakers Association.

Save the Date for the 2025 State Meeting

Next year's KEHA State Meeting will take place **May 6-8, 2025**, at the Hyatt Regency in Lexington. If you are interested in attending, please let Elizabeth know so we can make plans early for our group to attend.

State Leadership Chair Named

Welcome to the new KEHA Leadership Development Chair, Cyndy Humble. Cyndy was appointed by the Executive Committee on September 27 to fill the term vacancy through June 30, 2026.

Welcome to New Area Presidents

Several new Area Presidents were installed, or will be installed, during their area annual meetings this year. Welcome to: Pennyriple Area President Brandy Garcia, Mammoth Cave Area President Sandra Lennon, Lake Cumberland Area President Mary Lynn Chaudoin, **Louisville Area President Barbara Payne**, Fort Harrod Area President Leoni Mundelius, Licking River Area President Connie Bowling, and returning for another year, Bluegrass Area President Connie Vaughn.

Congratulations to our own member and previous Shelby County President, Barbara Payne, for being recognized at the Louisville Area President! She was installed at the Louisville Area Annual Homemaker Meeting this summer in Bullitt County.

KEHA Choir Open for New Members

Do you love to sing? Consider joining KEHA's choir! The choir rehearses and performs during KEHA State Meeting (registration required). Choir members get a rehearsal CD and music to practice prior to the event. For questions, contact Wendy Hood at her NEW email address: wendy8hood@gmail.com. To join, send \$10 payable to Wendy Hood, 202 Park Avenue, Harrodsburg, KY 40330.

Nominations Sought for Kentucky Master Farm Homemakers Guild

The Kentucky Master Farm Homemakers Guild is dedicated to honoring farm women and promoting agriculture in Kentucky. The Guild is accepting nominations from all Extension areas. A person recognized as a Kentucky Master Farm Homemaker:

- Is a member in good standing of the Kentucky Extension Homemakers Association and has been a member at least three years;
- Is a farm woman who owns a working farm and is included in the labor and/or management of the farm;
- Derives a percentage of the family income from the farm operation;

- Is knowledgeable and supportive of the Cooperative Extension Service;
- Gives unselfish service to her family, community, state, and nation; and
- Is nominated from the club, county and/or area where KEHA membership is held.

The details regarding the new member selection process are available on the Master Farm Homemakers Guild website page: <https://keha.ca.uky.edu/content/master-farm-homemakers-guild>. Nominations are due November 15.

Nominate a Candidate for KEHA State Board

Be on the lookout for possible state nominees! Encourage candidates to consider applying. The following KEHA state officer and chairman positions will be open for election in spring of 2025: Secretary; Management and Safety Chair; and 4-H Youth Development Chair. These positions will be elected for three-year terms from July 1, 2025, to June 30, 2028. Additional details will be shared in January 2025.



Shelby County Homemaker Dates

All clubs and programs are at the Extension Office unless otherwise specified.

November

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|-------|---|
| 03 | Daylight Savings Time ends (don't forget to "fall back"!) |
| 05 | Election Day, Extension Office will be closed (go VOTE!) |
| 06 | Ovarian Cancer Screening Trip, leaving at 8:30 a.m. |
| 07 | Give Back Gals, 11 a.m. |
| 12 | Hempridge Club, 10 a.m. |
| 12 | Sewing Circle, 1-8 p.m. |
| 13 | Bunco, 10 a.m. |
| 14 | Cooking Club, 10 a.m. |
| 14 | Line Dancing, 4 p.m. |
| 18 | Area Homemaker Council Meeting, 10 a.m. |
| 18 | Cover Lovers Club, 10 a.m. |
| 19 | Sewing with Linda, 8:30-4 p.m. |
| 20 | Social Crafters Club, 9 a.m.-4 p.m. |
| 22 | Lunch Bunch – B&N in Bagdad for Fish Friday, 11 a.m. |
| 28-29 | Thanksgiving, Extension Office will be closed |

December

- 02 Shelby County Homemaker Council, 10 a.m.
03 Sewing Circle, 1-8 p.m.
05 Reed Snowflake/Star Class, 10 a.m.
05 Line Dancing Club, 4 p.m. (*this is the 1st Thursday, only in December due to facility availability*)
06 Cookie Exchange, 1 p.m.
10 Hempridge Club, 10 a.m.
11 Bunco, 10 a.m.
12 Give Back Gals, 11 a.m.
16 Garden Club, 10 a.m.
17 Sewing with Linda, 8:30-4 p.m.
18 Social Crafters Club, 9 a.m.-4 p.m.
20 Lunch Bunch, Marimbas for buffet, Friday at 11:30 a.m.
Dec.25-Jan. 1 Extension Office closed for the holidays

*Due to the holidays, some clubs may not meet during November and December or will meet on a different day. Please check with the leader. For club leader contact information, see page 5-6 of your Handbook.

Milestone Quilters – 1st & 3rd Tuesday of the month
Fun Loving Fillies – TBD

Shelby County Extension Homemakers

Holiday Cookie Exchange



1 P.M. on Friday, December 6, 2024

at the Shelby County Cooperative Extension Office
1117 Frankfort Road, Shelbyville KY

Bring 4 dozen homemade cookies (of the same recipe) AND a copy of the recipe. You will go home with a platter full of a variety of cookies. Later, you will receive a copy of all the recipes.



FREE EVENT!

Please RSVP.

Only in November we meet the 2nd Tuesday! (To avoid Election Day.)

2024-2025

Sewing Circle

Tuesday, November 12 1-8 p.m.

Drop-in anytime between **1 - 8 p.m.** on the **1st Tuesday of the month**, from September to May, for a sewing project (listed below) and/or bring your own project. A great opportunity to enhance your sewing skills. Certified Master Clothing Volunteers teach the projects and will be available to help offer guidance. A light meal will be served at 5:00 p.m.

This is the easier project.

Beginner Rope Bowls

Use the zigzag stitch to join rope edges to create a bowl made out of rope. The method used creates a colorful version of a fabric bowl which has multiple uses.

Supplies Needed:

- Sewing machine with zigzag stitch
- Variegated thread (optional)

Rope will be provided.



This is the challenging project.

Embellished Jean Jacket

Use a fabric weaving technique to make a denim jacket uniquely yours.

Supplies Needed:

- Denim jacket or heavy weight denim shirt
- 2 or 3 fat quarters of coordinating fabric

Fusible interfacing and double-sided fusible web roll will be provided.



General Supplies to Bring

(extras are available if needed to use during class time):

- Sewing machine (foot pedal, power cord, bobbins, extra needles)
- Basic sewing kit (scissors, pins, seam ripper, shears, sewing gauge, tape measure, etc.)

UK Cooperative Extension Service

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Please RSVP your spot!

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Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Lexington, KY 40506



FAMILY & CONSUMER SCIENCES



2024-2025

Sewing Circle

Tuesday, December 3 1-8 p.m.

Drop-in anytime between **1 - 8 p.m.** on the **1st Tuesday of the month**, from September to May, for a sewing project (listed below) and/or bring your own project. A great opportunity to enhance your sewing skills. Certified Master Clothing Volunteers teach the projects and will be available to help offer guidance. A light meal will be served at 5:00 p.m.

This is the easier project.

Fabric Gift Bags

Make your own fabric gifts bags. With no casing, these bags are fairly simple to make. Different sized bags can be made as well.

Supplies Needed:

- Large scraps of fabric

Ribbon will be provided.



This is the challenging project.

Dresden Plate Table Topper/Tree Skirt

This Dresden plate design can be used as a table topper or a tree skirt. Use a special ruler to cut each piece of fabric to create this design.

Supplies Needed:

- 6 coordinating fat quarters
- 1/2" Velcro (18" long)
- Optional: Dresden ruler



General Supplies to Bring

(extras are available if needed to use during class time):

- Sewing machine (foot pedal, power cord, bobbins, extra needles)
- Basic sewing kit (scissors, pins, seam ripper, shears, sewing gauge, tape measure, etc.)



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