DEAR CAMPERS & PARENTS,

Please read this newsletter CAREFULLY. It outlines all the important information you need to know about camp. Keep this information in a safe place until you return from camp.

CAMP DATE: June 28-July 1, 2016

DEPARTING FOR CAMP:
Tuesday, June 28 @ 7:30 am
Shelby Co. Extension Office
1117 Frankfort Road

RETURNING FROM CAMP:
Friday, July 1st
Approx. 3:00-3:30pm
Shelby Co. Extension Office

CAMPER/PARENT ORIENTAION:
We will be holding a Camper/Parent Orientation Meeting for all campers and their parents on June 21, 2016. The meeting will be held at the Extension Office at 1117 Frankfort Road at 6:00 pm.

The Camper/Parent Orientation Meeting will provide general information about 4-H Camp. We will discuss what to expect and answer any questions that you may have. We will not give out cabin assignments during orientation. We do, however, make every effort to put campers in cabins with friends they have requested.

CAMPER FORMS:

Camper forms and final payments should be returned to the Extension Office before May 31st!

The Camper Registration/Health Form has three pages and asks for detailed information and requires several signatures. All areas must be completed. The first page of this form releases us to care for your children if they become ill or injured at camp. If your child becomes ill or is hurt, you will be contacted immediately. If the camper is too ill to remain at camp, parents or guardians are responsible for transportation home. This form also grants permission for us to take your child’s picture at camp. The signature box for both are on page one of the form. The second page of the form asks for detailed health information in case your child becomes ill. All information is confidential. The date of the campers last tetanus and measles vaccination is required. The third page requests insurance information, including a copy of camper’s insurance card. The camp provides Camp Accident Insurance that covers out-of-pocket expenses, after your insurance has paid. No pre-existing conditions are covered by our Camp Accident Insurance. There is no cost to you for this insurance, but you must complete the forms entirely. A health exam in the past 24 months is required, with the signature of a medical professional. A copy of any physical or medical exam in the last two years is acceptable and can be attached to the form. Sports physicals, health assessments with weight and blood pressure checks and other screenings may also be used to satisfy this requirement.

Make sure to complete the Pick-up/Release Form carefully. ONLY individuals listed on this form may pick up your child at camp or when we return home! Any individual listed on the form will be required to provide a photo ID and sign out the camper upon returning from camp. This may take a few extra minutes but is for the safety and protection of the campers. If it is necessary to pick your child up from the campground, please notify us prior to June 13th. Campers being picked up from camp by parents or guardians must be picked up by 10:00 am on Friday, July 1st. We prefer all campers return from camp on the bus with us.
The Medication Form requests the specific times and dosages for your child’s medication. All medications must be checked & turned in prior to boarding the bus. They will be given to the Camp Health Care Provider (HCP), who dispenses all medications. Please place the exact number of doses of your child’s medication they will need for the week in a Ziploc type bag in the original container with the enclosed Medication Form signed by the parent– to be turned in at departure time. Send only the amount needed for the week. If the dosage is different than what is on the medicine bottle, you must provide a note from the prescribing doctor. We can only give doses of the medicine as it is prescribed on the bottle. If your child takes medication to control hyperactivity or attention deficit disorders, they still need their medication while at camp. Camp is a fun-filled, active week but there are times when children have to be quiet and listen to directions. They will do better if they continue with their medication routine.

The Activity Release Form is necessary if your child wants to participate in Ropes Course activities or in Shooting Sports activities. We do not require the campers to participate in any activity they are not comfortable with. However, if the form is not completed, they will not be allowed to participate in these activities.

The Camper Expectation Form must be signed by both the camper and a parent/guardian. We want everyone to be aware of our rules in case there is a discipline problem at camp. If your child is sent home for discipline problems, it will be the parent/guardian’s responsibility to pick them up from camp by the specified time. If parent/guardian refuse to pick up the camper, Child Protective Services will be called! This form was included on the back of the initial signup form and is included in your packet only if we do not already have a signed copy on file.

The Head Lice/Nits Form is provided to families that want to prescreen for head lice. Campers identified as having lice will not be allowed to board the bus for camp. We will provide a head check on Tuesday morning, June 28. If you would like to have your camper screened prior to Tuesday, please bring the enclosed form with you to check in. The head check can not occur more than 48 hours prior to camp!! Youth identified as having lice or nits after arriving will be sent home as soon as possible. Parents/Guardians will be responsible for picking up the camper from camp.

**REIMBURSEMENT/CANCELLATION POLICY**

Unless it is an emergency circumstance, cancellations and requests for fee refunds need to be turned in by June 13. Campers that back out at the last minute or do not show up at departure will not receive a refund.

**CAMP PAYMENTS**

*The camp fee is due in full by May 31.* We will accept cash and check payments at any time before this and in various amounts. You are welcome to make weekly or monthly payments or to pay it all at once. We will send out balance reminders prior to camp.

If you completed a scholarship application for a full or partial scholarship, please make sure all required parts are completed and turned in as soon as possible. Scholarship Applications are available at the Extension Office or online and are **due before April 29.** Funds are limited. No full scholarships will be given.

**DRESS CODE FOR 4-H CAMP**

- NO halter tops, shirts with spaghetti straps or strapless shirts. Tank tops must cover bra straps.
- NO bare mid-riffs or side-less shirts. T-shirts are recommended.
- NO short shorts. Shorts should be at mid-thigh length.
- NO items with profanity, sexual innuendoes, obscenities, advertising beer, liquor, or tobacco products, or have racial overtones.
- NO Hip-hugger pants/shorts that expose lower abdomen or backside.
- NO bikini bathing suits! Swimsuits should be appropriate for age of camper or teen and for a co-ed environment. Bikinis are not allowed. Campers or Teens with bikinis will be required to wear an oversized dark t-shirt over bathing suits.
- NO sandals, “crocs”, or open toe/heel shoes except in the pool area or inside the cabin. Old tennis shoes are highly recommended.

***Any article of clothing deemed inappropriate by adult leader, agent, or staff will be asked to be changed immediately.***
THINGS TO BRING TO CAMP

- Toothbrush and toothpaste
- Casual clothes – **DO NOT** bring “nice” clothes
- Appropriate Swimsuit (*NO BIKINIS!*)
- Towels and wash clothes (not “nice” ones)
- Soap/shampoo/deodorant (unscented is best)
- Comb/brush
- Light jacket or sweater
- Paper and stamps for writing home
- Spending money (about $10.00-$15.00 max)
- Blanket & sheets or sleeping bag
- Pillow
- Flashlight
- Extra batteries
- Two (2) pairs of comfortable, closed toe and closed heel shoes
- Flip-flops for showers (*cannot be worn on campground*)
- Sunglasses
- Sunscreen
- Insect Repellent
- Water bottle
- Snacks in sealed containers
- Disposable camera
- Garbage/laundry bag for dirty/wet clothes

THINGS **NOT** TO BRING

- Any valuable items
- Cell phones, tablets, net books, etc.
- I-Pods, MP3s, Radios, headphones, etc.
- Portable TVs or DVD players
- Hand held video gaming system
- Any other electronic devices
- Weapons of any kind
- Drugs/alcohol/tobacco products
- Knives of ANY kind
- Firecrackers/fireworks
- Shaving cream
- Water guns or balloons
- Expensive jewelry

LOST OR STOLEN ARTICLES

The 4-H staff will not be responsible for any lost or stolen items at camp. Please discuss with your child how to care for their personal belongings at camp. **DO NOT** send valuables or large amounts of cash. Label personal belongings to assure return if they are lost. **Luggage tags are enclosed to label luggage.** Bring trash bags for dirty clothes, but put a label with the camper’s name on the bag. Any items left on the bus or Extension Office will be discarded after one week. Make sure you pick up your belongings from the bus stop before heading home!

IN CASE OF EMERGENCY

If you need to reach your child because of an **emergency**, you may call the camp office at (270) 866-3787 or the Extension Staff can contact the agent during normal office hours. Campers are not allowed to make outgoing calls. The Shelby County Extension Staff can also relay messages to all parents if necessary about any problems that may arise at camp or if there are changes in bus arrival or pick up points. **Campers are not allowed to bring or use cell phones—they WILL BE CONFISCATED!**

INJURY AND ILLNESS

If your child becomes ill or is injured at camp, there is a Health Care Provider (HCP) on staff to evaluate and handle all concerns. All minor ailments/injuries will be handled on the campground. Parents may be consulted at the discretion of the 4-H Agent and/or HCP for minor concerns or questions. If your camper needs to be seen off site by a physician, parents will be contacted immediately.

MAILING ADDRESS AND DIRECTIONS

Directions to camp will be provided upon request. Please be aware that GPS is not very accurate to reach the campground.

(Camper’s Name) c/o Shelby County 4-H Camp
17500 HWY 196
NANCY, KY 42544

SAFETY PRECAUTIONS

- All adult leaders have undergone background checks and have been screened.
- All lifeguards, shooting sports instructors and ropes instructors are certified.
- Camp staff have been screened and undergone background checked.
- There will be an HCP (health care provider) on campground at all times.
- Visitors are **NOT** allowed on the campground.
- Campers and volunteers cannot leave the campground without approval of 4-H Agent and camp manager.
- All adults must sign in and out of campground.

Kentucky 4-H Camps are accredited
CAMP FOOD
Campers will eat three meals a day in the cafeteria and be provided with 2 snacks a day during scheduled times. The meals are similar to those served in school cafeterias. If you would like to send additional food with your camper, you are welcome to do so. Please make sure the items are “camp friendly”. There will be no refrigeration, so do not pack anything that will melt. Also, all foods should be packed as single servings or in sealed containers to keep insects and mice from invading cabins.

If your child has any food allergies or special dietary needs, PLEASE LET US KNOW IN ADVANCE so that we can alert the cafeteria staff. We are happy to make special accommodations when we know in advance.

COUNTRY STORE
A country store is available to buy camp souvenirs and snacks (we provide two snacks a day). Campers do not need more than $10-$15 total to buy items at camp. We recommend that you pack quarters and small bills. Talk with your child about keeping up with their own money and where they should keep it. Examples of items & prices at Country Store are available on our website at: http://ces.ca.uky.edu/Shelby

CAMPER DISCIPLINE POLICY
Our intent is for all campers to have a positive and enriching experience at 4-H Camp. All campers and a parent/guardian sign a copy of our Camper’s Expectation Form that establishes our camp rules and policies. Improper language, name calling, fighting, stealing, bullying and disrespectful behavior will not be tolerated. If campers exhibit behavior that is disruptive to the quality of care or supervision of other campers, parents will be contacted. Staff members and volunteers cannot dedicate one on one care to a single camper at the detriment of the others. After three violations, parents will be called to pick up their child from camp. Immediate dismissal from camp will result for physical violence, possession of alcohol or drugs, endangerment of other camp participants, intentional destruction of property, or running away from the program site or group. If parents refuse to pick up their child, Child Protective Services will be called. A refund will not be given if you child is sent home.

RESPONSIBILITY
It is important to talk with your camper about being responsible for their belongings and themselves. Campers must keep up with their own clothes and money. They must be responsible enough to put on clean clothes, shower, brush their teeth and brush their hair. They must help keep the cabin clean and make up their beds. They are also responsible for keeping up with their group and following the directions of volunteer leaders, staff or class instructors.

When campers lose something or claim that someone stole something it is usually the result of carelessness. It is important to keep their bed and luggage neat so that they can find what they need. Stress to your camper that they need to be responsible for their own belongings.

VANDALISM
The camp staff inspects cabins and other camp areas carefully before and after we arrive at camp. If your child damages a bed, or other camp item, YOU WILL BE CHARGED A DAMAGE FEE to cover the cost of the item(s). Please discuss this with your child prior to camp.

MORE QUESTIONS??
Call the Extension Office at 633-4593 between 8:00am and 4:30pm and we will answer your questions. We will also answer many of your questions at the Parent/Camper Orientation on June 21st at 6:00 pm at the Shelby Co. Extension Office.

Don’t forget to mail back or deliver all forms and payments by May 31 to:
Shelby County Extension Office
1117 Frankfort Road
Shelbyville, KY 40065

REGINA BROWNING
COOPERATIVE EXTENSION AGENT
FOR 4-H YOUTH DEVELOPMENT